



WELCOME TO FOUR SEASONS RESORT MALDIVES AT **LANDAA GIRAAVARU ...**

... a natural 44-acre wilderness in the secluded Baa Atoll UNESCO World Biosphere Reserve, a scenic seaplane ride from Malé. Snorkel with turtles, dolphins, and lemon sharks in the two kilometre lagoon. Immerse in the healing heart of The Spa and Ayurvedic Retreat, complemented by ayurvedic options in all four restaurants. Join pioneering marine research projects or hide away in 103 vast accommodation compounds, on the beach, over the water or hidden down dense jungle paths ...

Revealing the island's raw beauty in tantalising instalments

The Resort's design is a pure expression of function over form, characterised by clean lines and lack of unnecessary elaboration, curves, carvings, or decoration. The pure appearance is complemented by the very deliberate orientation of each building – cut-throughs in the vegetation, 'picture' frames created by cross beams, extremely private gardens, tall ceilings and seemingly endless jungle paths – that each combine to reveal the raw beauty of the island in tantalising instalments.



The Resort was designed by visionary Sri Lankan architect, Murad Ismail, and showcases a simple, contemporary blend of traditional Maldivian and Sri Lankan forms. The airy buildings each adhere to regional styles – from the 45-degree pitch of the high thatched roofs to the use of coral walls. (Four Seasons received approval from the Maldivian Government to recycle the coral used from a redevelopment project and painstakingly revived the ancient Maldivian building techniques on the external walls of the villas.) Entry to each residential domain is via its own turquoise gate with traditional coral walls and lush vegetation providing maximum privacy.



ACCOMMODATIONS

103 vast accommodations on the beach, over the lagoon or hidden down dense jungle paths

Landaa Giraavaru's vast natural wilderness incorporates 103 thatched bungalows and villas of contemporary Maldivian design. Modern conveniences include wireless high-speed internet, 42-inch plasma TV, audio-visual system with DVD player and MP3 cable, and espresso machine.

Oceanfront Bungalows with Pool (27 units / interior 75m² / exterior 91m²) have a spacious garden with plunge pool and *undholi* (traditional Maldivian swing).

Beach Villas with Pool (22 units / interior 137m² / exterior 260m²) have a 12m-lap pool, extensive private garden and outdoor, sand-floor living pavilion with sea-gazing loft accessible via a spiral staircase.



Family Beach Villas with Pool (8 units / interior 164m² / exterior 260m²) have a study room with sofa bed (plus underbed) and shower room.

Water Villas with Pool (32 units / interior 90m² / exterior 182m²) are stilted over the lagoon with endless views from the 12-m lap pool, daybed, swing couch and overwater nets.

Family Water Villas with Pool (4 units / interior 112m² / exterior 183m²) has space for the whole family including a master bedroom and separate children's bedroom.



Two-Bedroom Oceanfront Bungalows with Pool (2 units / interior 182m²/ exterior 182m²) have a twin-bedded room (with separate bathroom / outdoor shower) linked to the master bedroom.



Two-bedroom Water Suites (2 units / interior 154m² / exterior 310m²) have uninterrupted sunrise or sunset views from the end of the jetty.

Three-bedroom Water Suites (2 units / interior 294 m² / exterior 3165 m²) have a 20-metre lap pool, three full bathrooms and separate outdoor showers and an expanse of space for the whole party.

Three-bedroom Land and Ocean Suites (2 units / interior 680m² / exterior 400m²). Land-based, open-plan living/dining pavilion (plus kitchenette and bathroom) links via a huge wooden walkway, 36m² pool, large over-water nets and al fresco dining pavilion to two ocean-based, one bedroom on land, en-suite sleeping pavilions, each with dressing room and outdoor shower.



Two-bedroom Royal Beach Villa (1 unit / interior 310m² / exterior 890m²) has a Master pavilion with indoor/outdoor bathroom, kitchenette, outdoor living/dining pavilion and separate guest pavilion. The large garden has a 20m-lap pool with 'floating' dining table, beachside bale, courtyard with massage beds and stretches of white sand beach.



Three-bedroom Landaa Estate (1 unit / interior 800m² / exterior 2,000m²) Combine the ultimate in beachside escapism with a true home-away-from-home experience at our über-luxe hideaway residence. This three-bedroom, two-storey estate features a private 80-metre (262-foot) beach, two pools, a Stargazing Lounge, a vast al fresco living space, and 24-hour assistance from caring, dedicated staff.





DINING

Four restaurants – all with Ayurvedic options – four bars, in-villa and specialty dining

Blu Beach Club and Blu Bar (Italian)

The new all-day hang-out complete with three dining experiences – expanded al fresco decks, private cabanas and a dining area – breakfast where the sky meets the sea then sip sunset cocktails to laid-back beats. From chilled-chic days to blissed-out nights, there's a spot for every moment.

Treetop dining

A banyan 'Tree House' sets the scene for the elevated lounge experiences to come with a private tree-top table for sky-high dining overlooking unparalleled views of the beach and Indian Ocean.



Café Landaa (Indian, Asian and International)

Serves breakfast, lunch and dinner within three thatched pavilions separated by reflecting ponds. The vast breakfast buffet includes Asian, continental and international selections with ayurvedic-labelling and *dosha*-specific teas and tonics. Lunch and dinner feature Indian and Asian specialties; a separate Teppanyaki counter opens for dinner only.

Fuego Grill

A simple, torch-lit evening venue with teak tables and chairs set in the sand overlooking the sea. Fuego serves fresh catch of the day alongside a selection of prime cuts and salads.



Al Barakat (Lebanese and Moroccan)

Named after North African scholar who made Baq Atoll his home in the 12th century. Perched over the lagoon by the main jetty, it serves Lebanese and Moroccan mezzés, grills and stews for dinner on two rooftop terraces under a canopy of stars. The ground floor Shisha Bar is open to the sea, with curtained sofas and ornate lanterns – an atmospheric setting for pre-dinner drinks or Turkish coffee and Shisha pipes.



Seabar

Standing uncovered in the sea, with steps down into the lagoon, Seabar draws guests nightly from 5 pm till midnight with an easy, breezy vibe and blissfully secluded feel. Watch the lemon sharks and reef fish below, laze on cushions with signature frozen margaritas and snack on tapas-style platters and light bites. Different DJs keep the lounge abuzz from 9pm.

Five Degrees North

Five Degrees North's casual bar setting includes a pool table and bar counter fashioned from a *dhoni*.

Specialty Dining

Available 24 hours, for any request, from a sunrise champagne breakfast to a candlelit sandbank dinner, beach dinner, 'floating' platform dinner or Robinson Crusoe picnic.





IMMERSE IN THE HEALING HEART OF LANDAA GIRAAVARU

Stretching from the heart of the island to the middle of the lagoon, the Spa and Ayurvedic Retreat pulsates with life and wisdom, purity and health. It was named “Best Holistic Hideaway” in the Condé Nast Traveller Spa Guide 2016, and “Destination Retreat of the Year” in the 2015 AsiaSpa Awards.

With a strong emphasis on natural healing, the 3-acre complex draws its strength from the surrounding landscape, the integrity of ila's ‘beyond organic’ products and the intrinsic spirituality of its therapists, Ayurvedic Physicians and yogis. 10 vast open-air treatment pavilions – including three dedicated to Ayurveda – nestle in their own lush tropical gardens or on stilts over the turquoise lagoon.

Complimentary Ayurvedic consultations are offered to all guests; there is a unique Ayurvedic food labelling system in place on all restaurant menus; and guests can visit the Herbal Centre to learn more about the nutritional, physical and emotional benefits of Ayurveda.

Ayurvedic therapies, Panchakarma programmes, and all-inclusive 7-, 14- and 21-day Ayurvedic Immersions incorporate medicinal plants from the Herbal Garden. Specialty spa therapies include Chakra Blessings, Tantric Traditions, TDA Facials (non-invasive transdermal therapies for radically restored skin) and Verjú Body Contouring, for non-invasive inch-loss. The Spa also has its own Acupuncturist and a rolling Visiting Masters programme, featuring some of the world's most high profile wellbeing gurus.

An extensive yoga programme offers complimentary sessions plus private yoga ‘enhancers’ for specific spa and ayurvedic therapies. In 2014, the Resort became the first in Asia to offer AntiGravity® Yoga – a dynamic, suspended ‘flying’ practice that helps fast-track flexibility and relieve age-related pain, conducted from a dedicated jungle pavilion.

Yoga is big at Landaa. In 2014, the Resort became the first in Asia to offer the dynamic ‘flying’ practice of AntiGravity® Yoga, while 2015 saw the launch of the Yoga Energy Trail – an exploratory journey of self around the island's energy-boosting surrounds. Guests can also experience classic Hatha, powerful Ashtanga and dance-like Vinyasa during private tailored sessions; add “yoga enhancers” to specific spa and Ayurvedic therapies; or share the love with complimentary Sun Salutations, blissful evening Yoga Nidra and supportive Aqua Yoga.



Yoga Therapy

Discover our new Yoga Therapy Courses with movements, techniques and breathing prescribed just for you. From Men's and Women's Health to Stress Management and Spinal Care, let us personalise a Yoga Prescription just for you.

The Night Spa & 'Om Supti' Ritual

Performed in a private jungle clearing in the heart of the island – complete with al fresco stone-carved bath and hanging bed – the 'Om Supti' Night Spa Ritual lulls body and mind into a deeply meditative state, paving the way for improved sleep and peaceful dreaming.



The Salon

Landaa's sea-view salon features a renowned stylist from the Rossano Ferretti headquarters in Parma, Italy, who considers everything from the natural fall of hair to face shape, character and skin tone to create the most flattering, highly personalised results.



A SANCTUARY UNLIKE ANY OTHER

Diving

With *thila* and channel diving, vibrant coral gardens, abundant fish life, great visibility and warm waters year-round, the Maldives is one of the world's top diving destinations. Landaa Giraavaru's isolated location in the remote Baa Atoll UNESCO World Biosphere Reserve places guests in close proximity to many virgin dive sites, including over 30 unspoilt coral gardens. It is also just a short boat ride from renowned manta ray and whale shark hotspots like Hanifaru Bay, Bathalaa island and Veyofushi Reef (June to Dec).



Just steps from the lagoon, the PADI Five-Star IDC Dive Centre offers the full spectrum of PADI courses – from Seal Team AquaMissions (age 8+) through to Master Scuba Diver (the highest non-professional PADI ranking) – as well as daily two-tank morning dives, one-tank afternoon dives, plus private specialty options.



Beginners will encounter no stress, no heavy equipment to carry, no group classes and no pool dives – just relaxed, private courses run by consummate professionals in safe, shallow lagoons.

Landaa Giraavaru's dive team will also help guests complete the theory part of the PADI Open Water Course online (with PADI e-learning) in the comfort of their home prior to their arrival, enabling them to qualify on site in just two days.



LEISURE AND RECREATION

Pools

50m infinity pool with swim-up bar and sundeck (the only Olympic-sized pool in the Maldives); 20m 'floating' seawater pool; Blu sunset pool and kids pool (at Kids Club). Complimentary pool service includes chilled towels, iced water, Evian spritz and frozen fruit.

Water Sports Centre

Showcasing the most comprehensive selection of water sports in the country, including X-Jetpacks and Jetblades: the world's most advanced hydro-flight and underfoot technology that enables unbeatable airborne acrobatics and over-water 'flights' of up to 10-metres.

Complimentary non-motorised activities include catamaran sailing, single sails, windsurfing, kayaking and snorkelling; motorised activities such as Seabobs (jet-driven water rockets), waterskiing, wakeboarding, wakesurfing, jet-skiing, fun tubes, plus kite surfing, sailing and windsurfing lessons are available at a fee.

Kids Club

The Kuda Velaa ('Little Turtle') Kids Club has its own pool and garden with play equipment and wooden pirate adventure ship. It also runs two age-appropriate adventure programmes: 'Passport

to Adventure', which offers children aged 4-8 up to 8 daily activities from Coral Reef Building to Dosha Discovery, Yogaflex to Lizard Safaris, alongside a 'Passport' of puzzles and challenges; and 'Mission: Landaa Giraavaru', comprising 14 mission levels that challenge 8-12 year olds in everything from creativity and accuracy to report-taking, behind-the-scenes investigation, interviewing and even bed-making.



Teen Centre

Teenagers can play pool or computer games in their own centre, Majaa Maizan, learn to windsurf or sail or enjoy private beach dinners with friends.

Gym

With advanced cardio fitness equipment and surround-sound audio system.





Floodlit Tennis Court

With complimentary rackets and balls; tennis lessons with an on-site pro are available at a fee.

Beaches

One kilometre of white sandy beach can be found on the island's northern and southern shores, ending in long sand-spits on both the eastern and western tips. On the western side, the lagoon extends two kilometres. The beaches are served by the Resort's **Paddleboat Waiters**, who encircle the island equipped with chilled refreshments, ready to deliver to guests as soon as they beckon.

Snorkelling

The Resort's warm, shallow lagoon is teeming with marine life; visit the Coral Garden and Snorkel Trail to see the work of the Reefscapers – one of the most successful reef propagation projects of its kind in the world.

Bicycles

Monogrammed cruiser bikes and junior bikes are available for all guests for the duration of their stay to enable them to explore the island at their leisure.

Excursions

Dolphin cruises, sunset fishing, sandbank picnics, private island escapes and private yacht trips onboard the luxurious *Landaa Summer II*.

Cultural visits

Way off the usual tourist route, excursions to islands like Kudarikilu and Dharavandhoo – the original capital of the Baa Atoll – offer a glimpse into the cultural heart of the Maldives. Visit ancient mosques and handicraft stores selling carvings and figurines crafted using century-old techniques.

Resort Shop

A wide range of fashion and beachwear, accessories, jewellery and gifts that showcase the best of the Indian Ocean; the Resort also has a Dive Retail Shop and Spa Shop.

Orchid Garden

The Resort has its own exotic Orchid Garden – filled with dazzling Dendrobiums, classic Cattleyas, vivid Vandas and the ever-floriferous *Rhynchostylis gigantea* – open daily from 8.30am to 6.00pm for tours, tips and leisurely exploration.

World-Exclusive DeepFlight Adventures

'Dive' UNESCO waters without getting wet in the world-exclusive three-person DeepFlight Super Falcon 3S: the pinnacle of personal submarine technology. 'Fly' through shoals of tropical fish and cruise alongside creatures like dolphins in a personal pressurised cockpit (with 360-degree viewing dome) that eliminates the need to equalise.

Flying Triggerfish

Marvel in comfort at the pearl-like islands of the Maldives during airport transfers, private charters, island-hopping adventures and seaplane surfaris on the exclusive 'Flying Triggerfish', the first customised DHC-6-300 Twin Otter luxury seaplane by Four Seasons.





ENVIRONMENTAL AND COMMUNITY PROJECTS

The Marine Discovery Centre (MDC) – an interactive research and education centre designed to guide guests and locals alike through the underwater world of the Maldives and the Resort's efforts to conserve it. The Centre uses multi-language touch screen video kiosks, dramatic photography, exhibition boards, educational talks, life-size models and interaction with marine biologists to educate its visitors. The Centre also has a dedicated children's area with touch tank.

www.marinesavers.com - features the history, progress and plans of all of Four Seasons Resorts Maldives marine conservation projects. Interactive components enable guests to keep track of the Resorts' satellite-tagged turtles, follow the progress of coral frames they have sponsored and transplanted, and keep up to date with news of island events from the discovery of turtle nests to outreach projects with local schools.

Reefscapers – Four Seasons Resorts Maldives coral propagation project is one of the most successful of its kind in the world. Initiated by Maldivian environmental consultancy, Seamarc Pvt. Ltd, and sponsored by the Resorts and their guests, the propagation process involves attaching coral fragments onto specially designed coral frames to boost existing reef habitats and generate new ones. Reefscapers is also investigating ground-breaking clone selection research to help protect reefs against global warming. See www.marinesavers.com

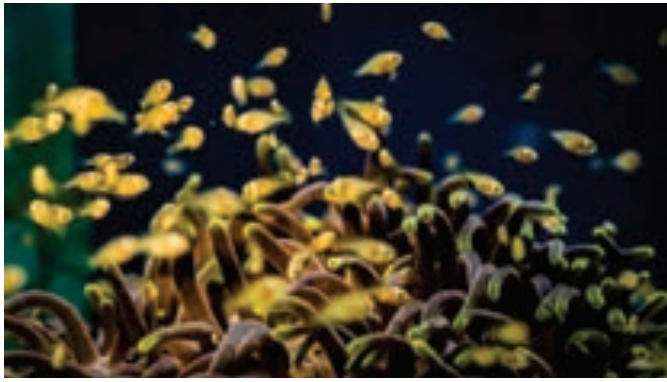
Maldivian Manta Ray Project (MMRP) (part of Manta Trust) – Founded by senior marine biologist Guy Stevens – with the support of Four Seasons and Save Our Seas – the world-renowned MMRP has amassed the largest number of identified manta rays on record anywhere, combining new discoveries with active conservation and education. See www.mantatrust.org Guests visiting the Resort between May and October can become a manta researcher for the day, or sign up for 'Manta on Call': a thrilling speedboat ride to swim with mantas spotted at nearby hotspots.



Solar Panels

Comprising 3,105 solar panels and spanning 5,380m² (58,000 sq. ft.) across the roof surface of the staff village, this is one of the Maldives' largest resort-based solar installations. It is estimated to save over 300,000 litres (66,000 gallons) of diesel which corresponds to 650 - 800 tons of CO₂. This CO₂ reduction equates to the elimination of carbon emissions generated by approximately 544 flights between London to Male.

Landaa's Fish Lab breeds ornamental fish with the aim, in time, of developing an alternative source of income for local communities.



Landaa's Turtle Rehabilitation Centre is part of the Maldivian Sea Turtle Conservation Programme, a series of projects established by Four Seasons Resorts Maldives to protect, monitor, relocate, release, rear and rehabilitate Maldivian sea turtles.



Mosquito Control – Landaa Giraaavru has been working with Trudy Rilling-Collins, a.k.a. 'The Mosquito Lady', since 2011 to provide environmentally responsible solutions to unwanted monsoon-loving guests. Thanks to Trudy's highly targeted techniques, Four Seasons has been able to completely eliminate the use of fogging across both of its Maldivian resorts, and is now funding the extension of the project to Bodu Huraa, Kuda Huraa's adjacent community island, and across 13 island communities in the Baa Atoll UNESCO Biosphere.

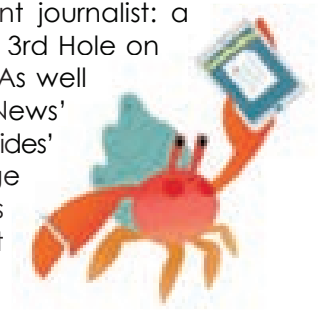
Waste Management Programme – Implemented across three local islands, providing collection bins and fortnightly removal of waste that would otherwise pollute the island and surrounding sea. In addition, the latest partnership with 'Parley for the Oceans' recycles any leftover plastic into clothes, shoes and more.

Water-bottling Plant – producing still and sparkling water for Landaa's restaurants and guestrooms, saving around 30,400 plastic bottles per month.



Support of the Thulhaadhoo lacquer ware artisans – the only remaining lacquer ware craftsmen in the Maldives, of whom Four Seasons is the biggest single customer.

Introducing Kaku ... Kaku (short for 'kakuni' – crab in Dhivehi) is Landaa's resident journalist: a hermit crab that lives in the 3rd Hole on Landaa's Palm Tree Road. As well as penning nightly 'Reef News' articles for turndown, Kaku 'guides' the MDC's film and language selections. Visit him at Kaku's Reef Blog to find his latest stories!





FUNCTIONS AND EVENTS

Weddings and Honeymoon

Four Seasons Resorts Maldives offer three wedding and honeymoon options seamlessly intertwined. Exchange vows in any number of picturesque locations from the powder-white sands to Landaa's free-standing over-water wedding pavilion with glass-bottomed aisle...then 'swap' paradises via a 30-minute point-to-point seaplane transfer or sail away on Four Seasons Explorer for a three, four or seven night marine and cultural odyssey into the outer atolls. The Resorts offer a wedding package that includes the ceremonial set-up, a romantic dinner and spa treatments to celebrate your matrimony.



Meeting and Function Rooms

The Resort has two spacious meeting rooms. All the function rooms are styled in traditional Maldivian design and are complemented by modern tropical interiors. A meeting package that includes room set-up, tea/coffee breaks and lunch is available at the Resort, with spouse or family programmes incorporating activities from cooking classes to kayaking.



THE HOSPITALITY APPRENTICESHIP PROGRAMME

Originally launched at Kuda Huraa in 2001, the Four Seasons Maldives Hospitality Apprenticeship Programme is a vocational training programme for young and dynamic Maldivians (aged 17-20) looking to enter the hospitality industry.

Apprentices are selected by a team of the Resorts' Senior Management from a series of hundreds of one-to-one interviews held across the Maldives each year; they are then trained throughout the course of a year to become solid professionals in areas including Food & Beverage Preparation, Food & Beverage Preparation or Service, Safe Maritime Transport, PADI Dive Master, Water Sports, Housekeeping & Guest Services, Marine Biology, Engineering, Front Office and Retail.

The programme includes a combination of intensive on-the-job training and theoretical classroom sessions, with specialisation courses taught by Senior Management. Most apprentices arrive at the Resorts with little or no working experience, but leave a year later with the talent and ability to secure a position in any of the Maldives' five-star resorts.

In 2010, the Hospitality Apprenticeship Programme was officially recognised by the Maldives' Ministry of Human Resources as a government-accredited curriculum and was awarded the internationally recognized TVET (Technical and Vocational Education and Training) certification; this makes Four Seasons the first hotel group to enter into a partnership with the Maldivian government and the first to offer a TVET-certified hospitality programme to local youngsters.

The programme has grown year on year, with the Class of 2019 comprising 66 first year apprentices plus 6 embarking on second year programmes for the new Class of 2020. To date, the programme has produced a total of 597 graduates, with approximately 75 per cent now full-time employees of Four Seasons Hotels and Resorts.



FOUR SEASONS
RESORTS

ABOUT FOUR SEASONS

Founded in 1960, Four Seasons Hotels and Resorts is dedicated to perfecting the travel experience through continual innovation and the highest standards of hospitality. Currently operating 117 hotels and resorts, and 44 residential properties in major city centres and resort destinations in 47 countries, and with more than 50 projects under planning or development, Four Seasons consistently ranks among the world's best hotels and most prestigious brands in reader polls, traveller reviews and industry awards. For more information and reservations, visit fourseasons.com. For the latest news, visit press.fourseasons.com and follow [@FourSeasonsPR](https://twitter.com/FourSeasonsPR) on Twitter.